

# PLAY-DOH CONNECT FOUR

**WORK ON VALUABLE HAND, WRIST, AND FOREARM SKILLS  
WHILE PLAYING THIS CLASSIC BOARD GAME!**

## **SUPPLIES NEEDED:**

- **2 CONTAINERS OF PLAY-DOH (DIFFERENT COLORS)**
- **FLAT VERTICAL SURFACE**
- **TAPE \*OPTIONAL**

## **TARGET SKILLS:**

- **HAND STRENGTH**
- **IN HAND MANIPULATION**
- **PINCER GRASP**
- **WRIST EXTENSION**
- **SUPINATION**

## **Steps:**

1. Roll play-doh into a log shape at the table. Keep fingers straight and make sure only the arm is moving back and forth.
2. Use your pincer grasp to pinch small pieces off the play-doh log (i.e. 20). These will be the player's game pieces.
3. You may try rolling each play-doh game piece into a ball shape using thumb, pointer and middle finger for extra finger practice.
4. Repeat with second play-doh color.
5. Next transfer the two piles of game pieces to the playing area (i.e. window, refrigerator door, bathroom wall).

### Transfer ideas:

- Supination- practice turning your hand over to receive game pieces. (great opportunity to work on independent opening and release)
  - Palm to Finger Translation- using your thumb and fingers, try working 1 game piece at a time from your grasp. Make sure your other fingers are still holding the remaining pieces in your palm.
  - Wrist Extension- Carrying game pieces in a bucket while keeping wrist at neutral or higher.
6. **\*\* Optional\*\*** You can use tape to create columns and rows similar to the Connect Four board. Using your pointer finger to press the tape to the surface provides a wonderful opportunity to work on pointer extension.
  7. **Play Game:** Following the Connect Four rules, take turns picking up and placing game pieces onto the surface. Playing on vertical surfaces encourages wrist extension and in hand manipulation skills from the players.

First one to get 4 in a row wins!